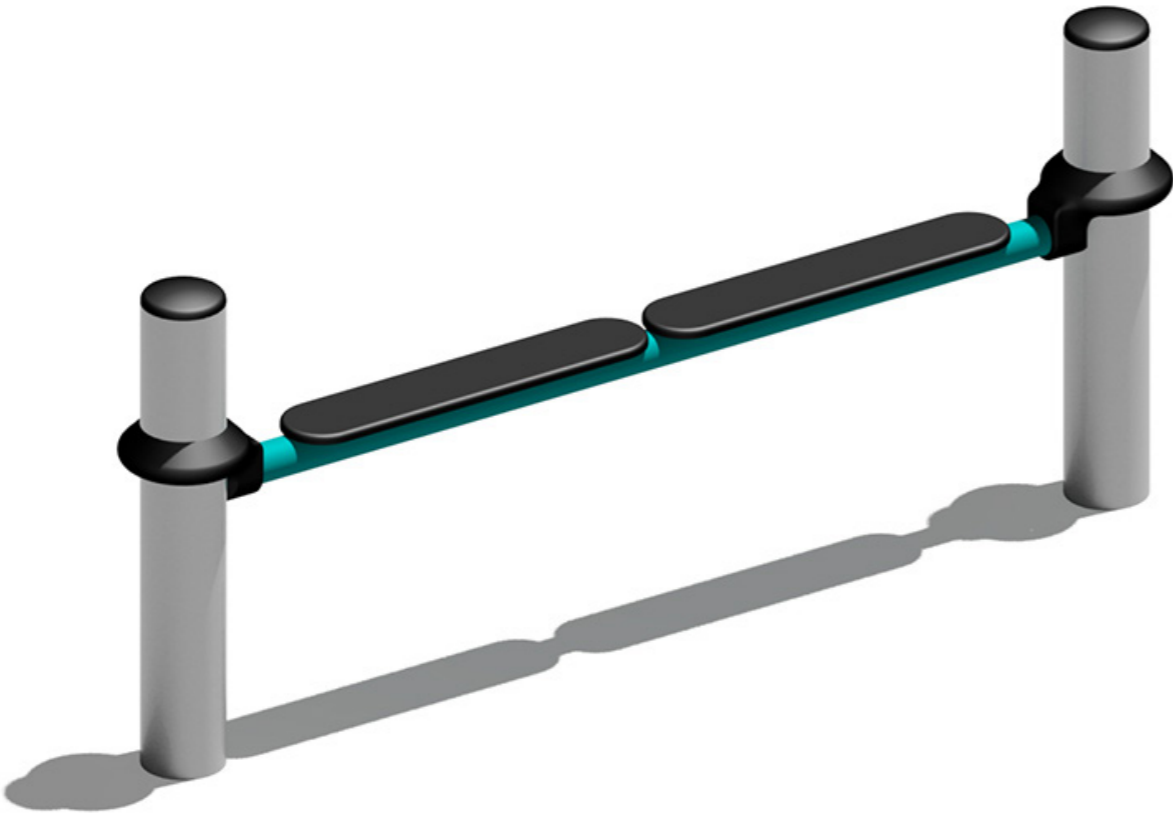


Step Up

The Step Up is a simple bodyweight resistance exercise that works muscles in the legs and buttocks. A step-up targets the quadriceps, hamstrings, glutes and calves. This is a great lower body exercise.



Specifications

Minimum Area of Movement: 12m²

Equipment size: 1500mm x 150mm

Max fall height: 400mm

Fitness Types



Materials

Colours

Standard powder coat range

Material specs

Uprights: Anodised Aluminium or HDG Steel

Frames, Arms, Rail, Plates & Supports: Electro Polished or Powder Coated Passivated Stainless Steel, Grade 316

Joints: N/A

Bearings: N/A

Fasteners: Security, Stainless Steel, Grade 304

Clamps: 30% Glass Filled Nylon

Caps: Stainless Steel, Grade 316, Polyethylene

Seats, Back & Arm Support: High Density Polyethylene

Sign Plaques: Anodised Aluminium

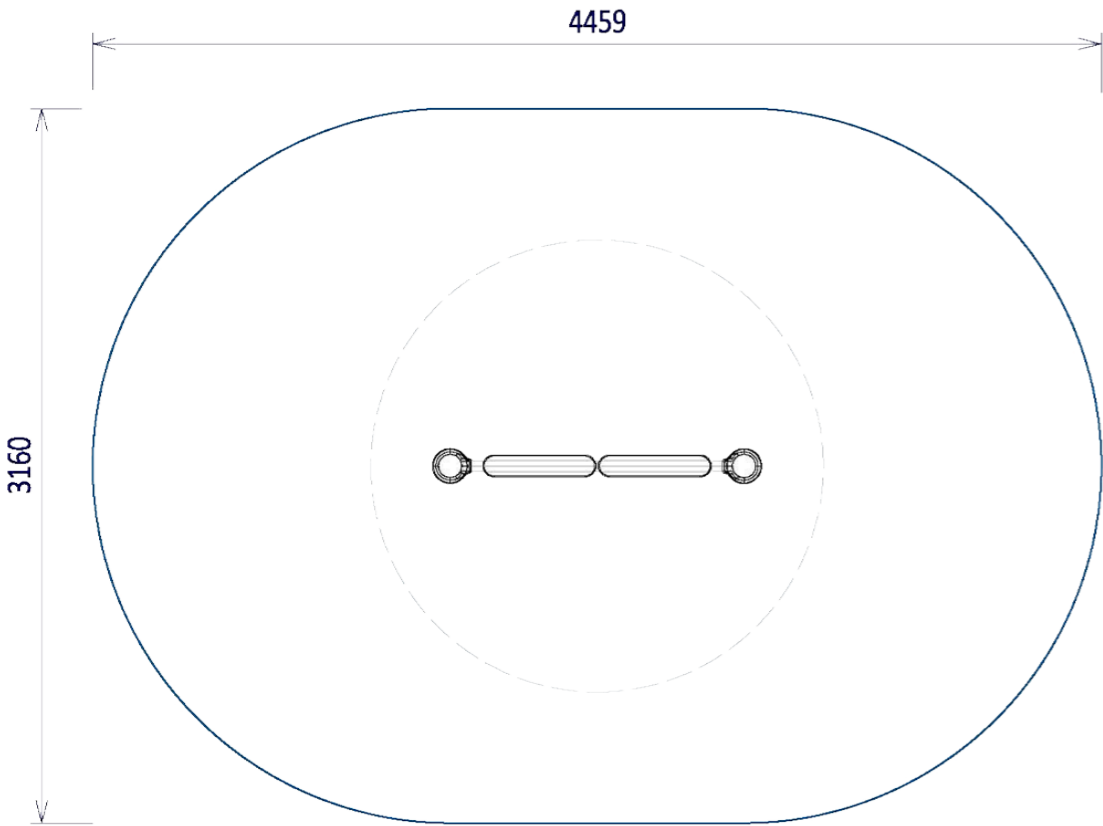
Standards

Complies with Australian Standards AS 16630:2021 – Permanently Installed Outdoor Fitness Equipment – Safety Requirements & Test Methods (EN 16630:2015, MOD).

*All information is commercial in confidence and is the property of Forpark Australia. All information is correct as at June 2022
For details regarding Australian standards, warranties, insurances, QA and installation, please contact your local office.



Plan View



To learn more about our warranty, compliance, materials, or colour palette and customisation options, contact PlayCo:
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