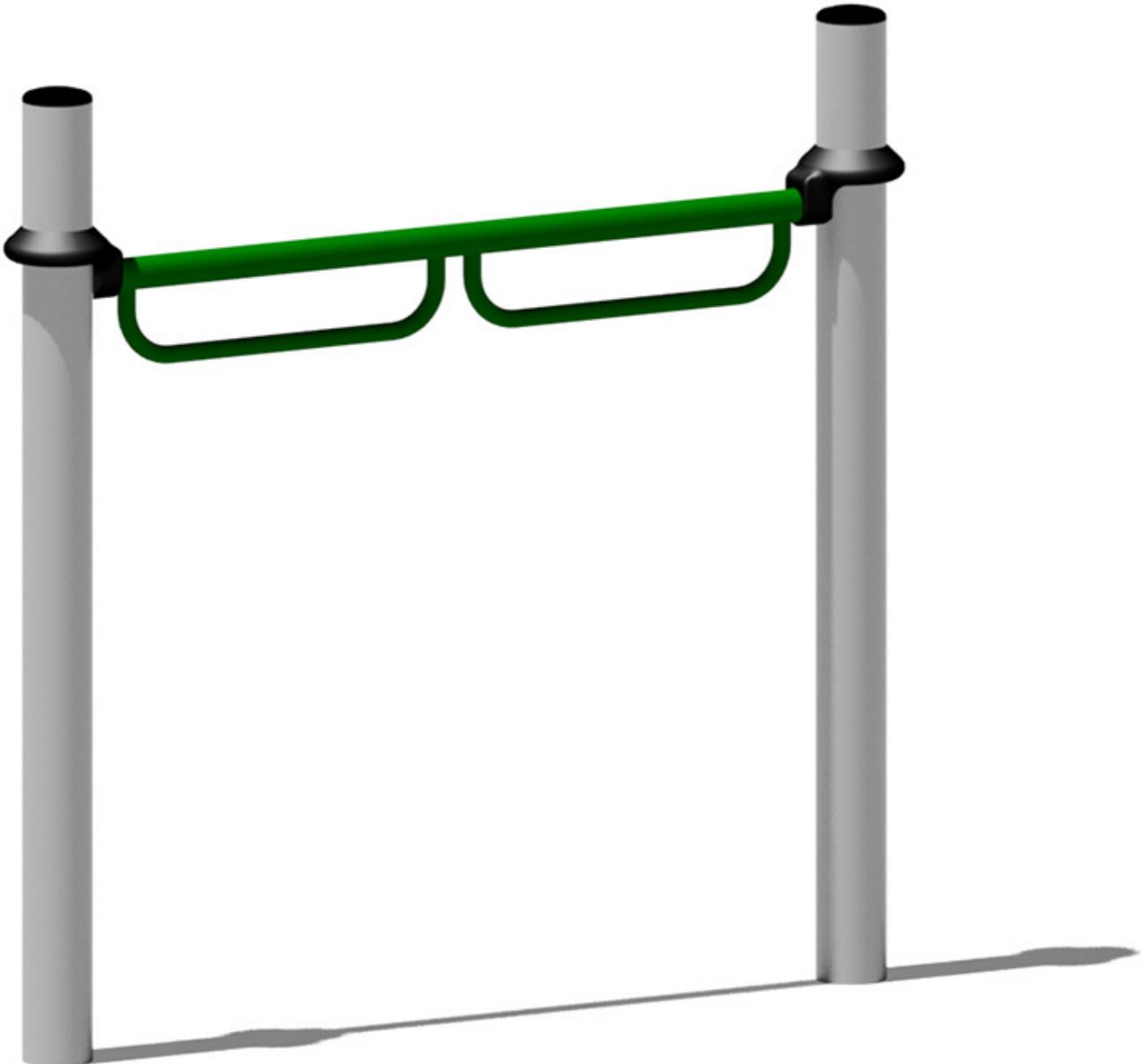


# Pull-up Bars

A Pull Up is a strength training exercise that uses your entire body weight, with a special focus on your upper body and core. With hands facing towards you you will work the muscles on the front of your body, like your biceps and chest, while hands facing away from your body are more effective at targeting your back and shoulder muscles.



## Standards

Complies with Australian Standards AS 16630:2021 – Permanently Installed Outdoor Fitness Equipment – Safety Requirements & Test Methods (EN 16630:2015, MOD).

\*All information is commercial in confidence and is the property of Forpark Australia. All information is correct as at June 2022  
For details regarding Australian standards, warranties, insurances, QA and installation, please contact your local office.

## Specifications

Minimum Area of Movement: 13m<sup>2</sup>

Equipment size: 1500mm x 150mm

Max fall height: 1100mm

## Fitness Types



## Materials

### Colours

Standard powder coat range

### Material specs

Uprights: Anodised Aluminium or HDG Steel

Frames, Arms, Rail, Plates & Supports: Electro Polished or Powder Coated Passivated Stainless Steel, Grade 316

Joints: N/A

Bearings: N/A

Fasteners: Security, Stainless Steel, Grade 304

Clamps: 30% Glass Filled Nylon

Caps: Stainless Steel, Grade 316, Polyethylene

Seats, Back & Arm Support: N/A

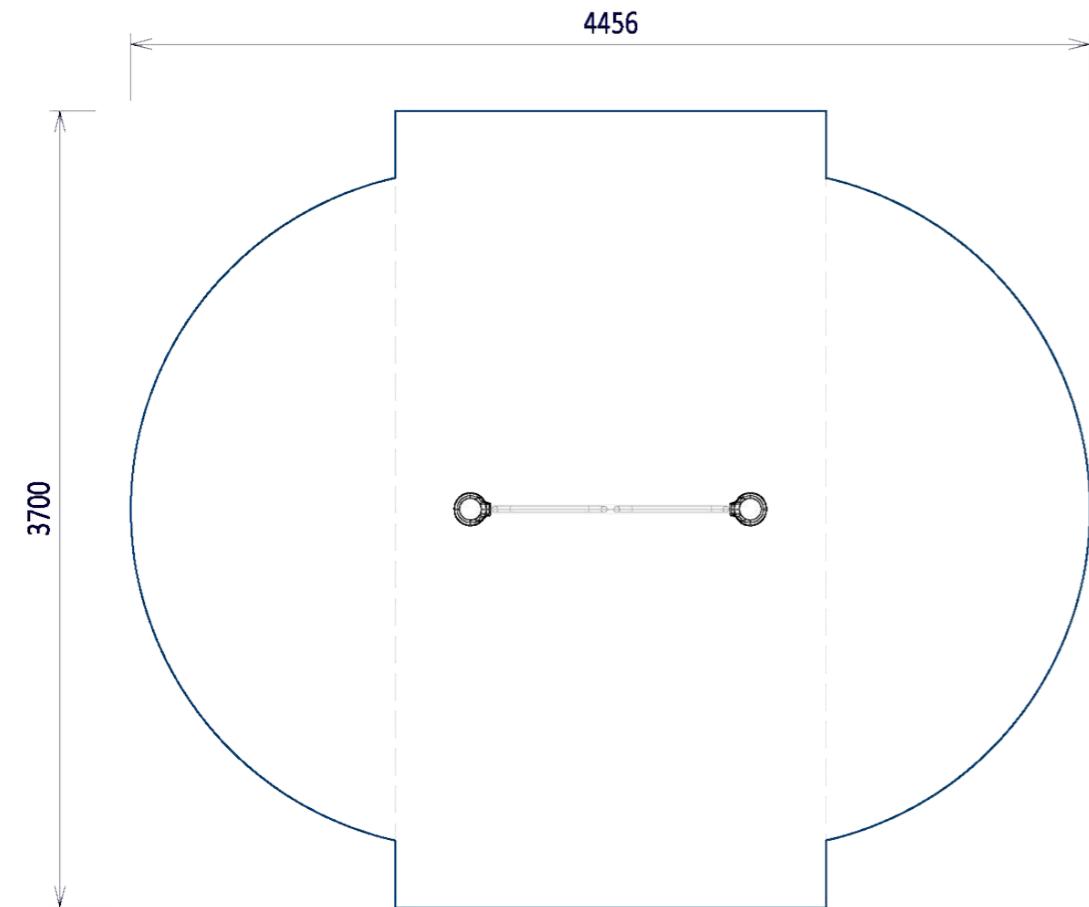
Sign Plaques: Anodised Aluminium

# Pull-up Bars



**PlayCo**

## Plan View



To learn more about our warranty, compliance, materials, or colour palette and customisation options, contact PlayCo:

1800 655 041 | [hello@playco.com.au](mailto:hello@playco.com.au) | [playco.com.au](http://playco.com.au)

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