

# Core and Legs

DFP-SU20-SU300-450

**Sit Ups** – Develops abdominal/core strength aiding in improved posture which helps to enhance lower back stability. Available in two incline levels.

**Step Ups** – Providing two steps of different heights. The lower step with grab rail is great for seniors to build leg strength and enhanced mobility. The upper step offers a greater challenge for people with greater fitness levels.



## Specifications

Equipment size: 1900 x 1300mm

Fall zone: 21.7m<sup>2</sup>

## Play Types



\*All information is commercial in confidence and is the property of The Play Collective. For details regarding Australian standards, warranties, insurances, QA and installation, please contact your local office. All information is correct as at February 2024.

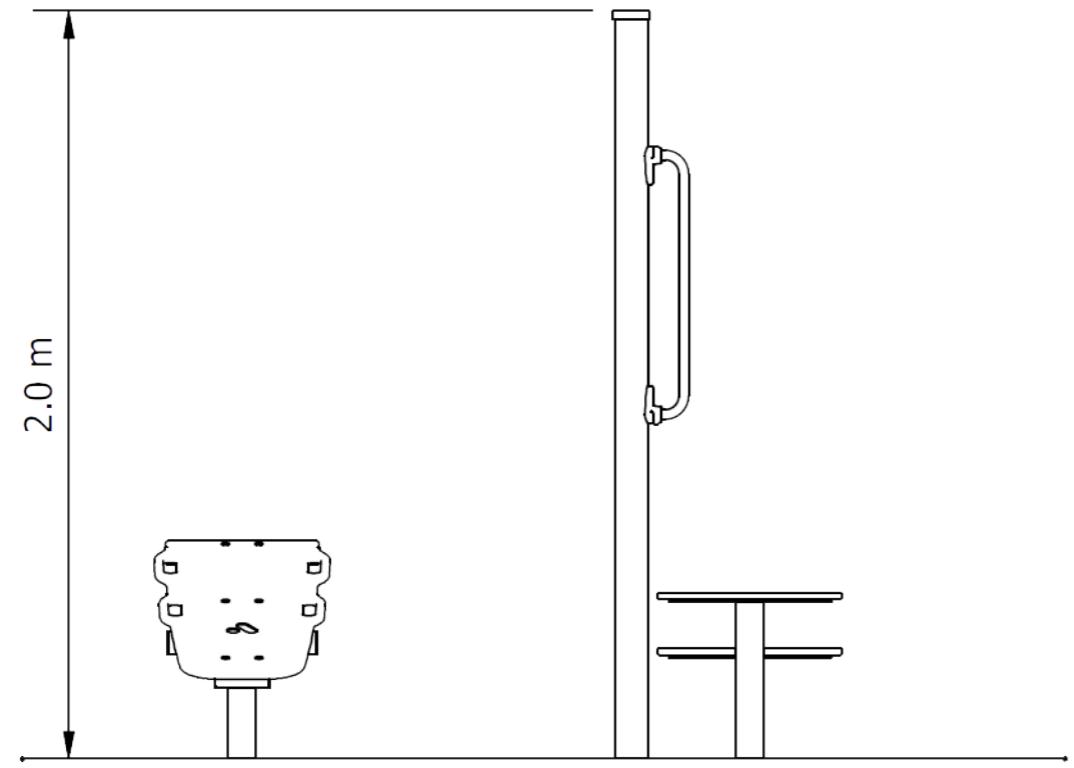
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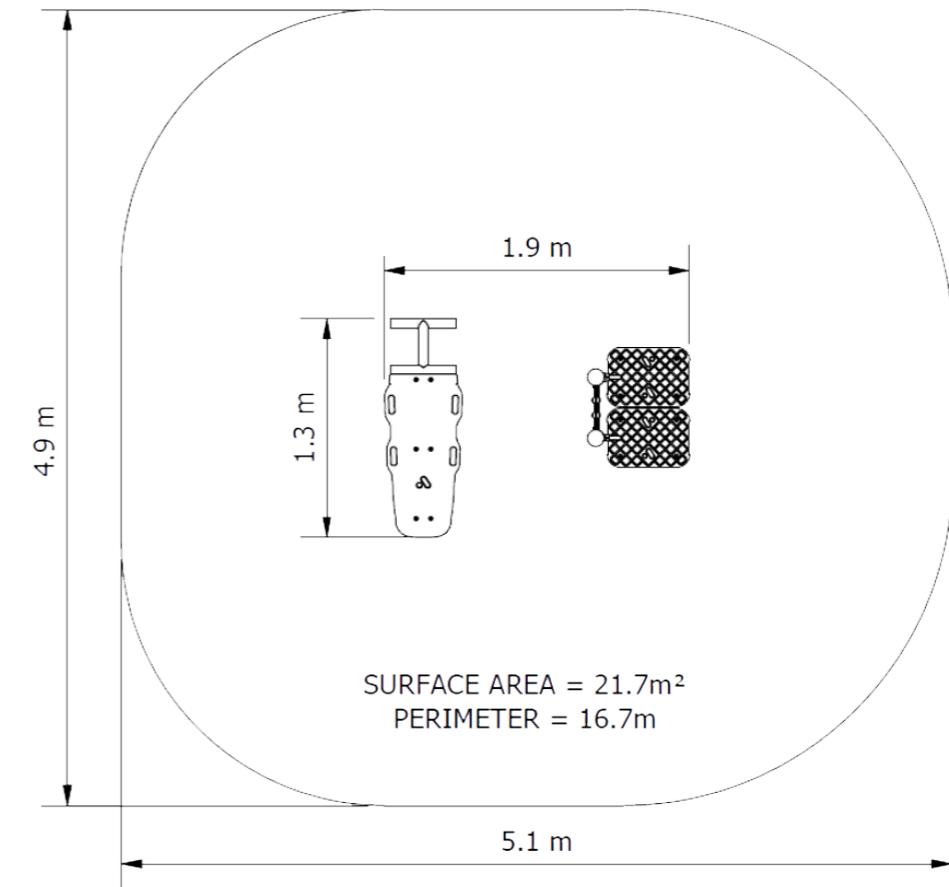


**PlayCo**

**Elevation**



**Plan View**



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1800 655 041 | [hello@playco.com.au](mailto:hello@playco.com.au) | [playco.com.au](http://playco.com.au)

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