

Body Twist

The Body Twist develops flexibility & mobility, tones the body and improves balance. It works the entire core section including the lower back, glutes, hips, pelvis and abdominals. The core comprises muscles that support and stabilize your body. You can also use the Body Twist to help burn calories.



Standards

Complies with Australian Standards AS 16630:2021 – Permanently Installed Outdoor Fitness Equipment – Safety Requirements & Test Methods (EN 16630:2015, MOD).

*All information is commercial in confidence and is the property of Forpark Australia. All information is correct as at June 2022
For details regarding Australian standards, warranties, insurances, QA and installation, please contact your local office.

Specifications

Age range: 13+ years

Minimum Area of Movement: 17m²

Equipment size: 760mm x 500mm

Max fall height: 150mm

Fitness Types



Materials

Colours

Standard powder coat range

Material specs

Uprights: Anodised Aluminium or HDG Steel

Frames, Arms, Rail, Plates & Supports: Electro Polished or Powder Coated Passivated Stainless Steel, Grade 316

Joints: N/A

Bearings: Stainless Steel, Grade 316

Fasteners: Security, Stainless Steel, Grade 304

Clamps: 30% Glass Filled Nylon

Caps: Stainless Steel, Grade 316, Polyethylene

Seats, Back & Arm Support: High Density Polyethylene

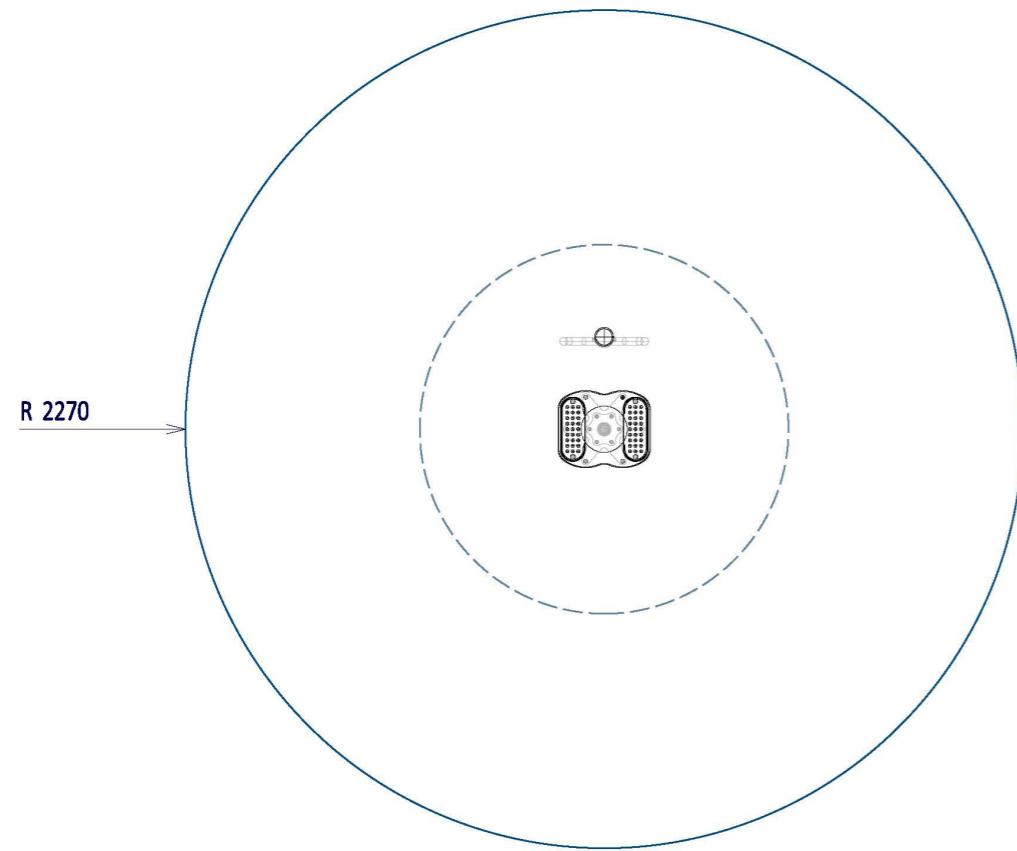
Sign Plaques: Anodised Aluminium

Body Twist



PlayCo

Plan View



To learn more about our warranty, compliance, materials, or colour palette and customisation options, contact PlayCo:

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